

FOULS AND MIS-CONDUCT

<u>DIRECT FREE KICKS</u>	<u>INDIRECT FREE KICKS</u>
INTENTIONAL AGAINST AN OPPONENT <ol style="list-style-type: none">1. Pushing2. Holding3. Handling (Hand Ball)4. Striking or attempting to strike an opponent5. Tripping or attempting to trip6. Kicking or attempting to kick7. Jumping at or into an opponent8. Charging in a dangerous manner9. Charging from behind <p>These fouls that are inside the penalty area are a penalty kick.</p>	TECHNICAL FOULS <ol style="list-style-type: none">1. Dangerous Play2. Charging Fairly3. Obstruction while not playing the ball4. Charging the goalkeeper5. Goalkeeper wasting time. (Goalie directing the ball with his hands)6. If the kicker after taking a FREE kick (incl. corner & goal) plays the ball a 2nd time before it has been touched by another player.7. Deliberately kicking the ball to his own goalie and the goalie touches the ball with his hands.

CARDS CAN BE GIVEN TO PLAYERS OR THE BENCH FOR CAUTIONS

YELLOW CARD

- * When a player enters or re-enters without a signal.
- * Persistent/Infringement on the Laws of the game.
- * Dissent - Verbal or otherwise.

RED CARD

- * Violent conduct or Serious Foul Play
- * Hitting, fighting, spitting, foul or abusive language.
- * Breakaway take down of a player moving toward the goal.
- * Second yellow card in the game for the player.

NOTE: Report all Red Cards to Municipal Athletics.